



A NOTE FROM YOUR 4-H COMMUNITY EDUCATOR

My name is Erin Paradis and I'm excited to announce my new position as the 4-H community education specialist. I have been involved in 4-H for several years and have served as both a project and community club leader for Swede Creek 4-H in Shasta County. As my 4-H involvement has continued to grow so has my passion for the program. I'm looking forward to the new challenges and opportunities this role has to offer as well as partnering with the Trinity 4-H community.

Erin Paradis

4-H Community Education Specialist
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The cloverleaf is great way to stay up to date on 4-H community events/activities. The cloverleaf will be sent out quarterly and we want to publish your articles. We love hearing what our 4-H members are up to so snap some pictures and send in your article and we will be sure to include it in the next cloverleaf edition.

Important dates:

January 4, 2019 - Emerald star application due

January 26, 2019 - Favorite Foods Day/registration due January 16, 2019

February 9, 2019 - Quiz Bowl / registration due January 25, 2019

February 11, 2019 - Council meeting

March 9, 2019 - Presentation day





CALENDAR OF EVENTS

January

01/26/2019 - Favorite Foods Day
Fairgrounds Dining Hall, Hayfork

February

02/09/2019 - Quiz Bowl
Trinity Center IOOF Hall

02/11/2019 - Council Meeting
Young Family Ranch, Weaverville

March

03/09/2019 - Presentation Day
Willow Creek Bible Church

TBA - Sectional Presentation Day

April

04/08/2019 - Council Meeting
4-H Office, Hayfork

May

05/01/2019 - County Ambassador
Applications due

June

06/10/2019 - County Ambassador
Interviews, Council Budget & Meeting
Young Family Ranch, Weaverville

July

07/12/2019 - Avian Judging Day
Trinity County Fairgrounds

August

07/7-11/2019 - Trinity County Fair

07/19/2019 - Council Meeting &
Volunteer Training
4-H Office, Hayfork

MONTHLY COUNCIL MEETING/Expansion and Review Committee

Trinity County Council Meeting 6:00pm - Monday, February 11, 2019 at Young Family Ranch, Weaverville.

Contact the 4-H Office for details. As outlined in the 4-H Club Program Planning Guide, each club must have regular representation at Council meetings in order to be considered a "Club in Good Standing".



A big SHOUT OUT to Phillip and Daniel for representing the Hayfork Timberjacks at the December council meeting.



ENHANCING YOUR 4-H EXPERIENCE, Handbook for 4-H Families

<http://4h.ucanr.edu/files/271860.pdf>

We want every UC 4-H member to feel welcome and successful in the program. Here are some items that will help you navigate your way through UC 4-H.

Helpful Hints for a Successful Club Experience

As a UC 4-H parent/guardian you can contribute to your child having a successful 4-H club experience by doing some of the following:

- Get to know your club leader(s) and project leaders
- Attend local club/project meetings with your child whenever possible
- Ask for a copy of your club's bylaws and constitution or operating procedures and yearly calendar of events
- Encourage your child to complete project work and to meet deadlines
- Bookmark your county Extension program website and visit it occasionally
<http://cetrinity.cuanr.edu>

Supporting Your Child's Club

- Serve as a project leader. If you have an activity or hobby that you have a passion for and would like to share, then you could become a project leader teaching something you love to youth
- Assume a specific club responsibility such as helping with member registration, working with a committee of youth to plan an activity, or helping a club officer with her/his responsibilities
- Adults helping in any role can be enrolled as a UC 4-H adult volunteer. Adult volunteers fill out an application and pay the accident/sickness insurance fee and are also covered under the University's general liability insurance. Speak to your club leader or the county Extension office about how to become a UC 4-H adult volunteer
- If you know an individual, business, or organization that would be interested in financially supporting the UC 4-H program in your county, refer them to this link to donate
<http://ca4hfoundation.org/>.

HOW YOUNG PEOPLE LEARN

4-H'ers are sometimes involved in long-term learning experiences with peers and adult volunteers. Active, hands-on learning is an important part of UC 4-H. Our point of view is that youth learn through experiencing. They reflect through sharing and processing the experience and applying what they learn in real-life situations. This is why we offer a range of experiences. Each UC 4-H member learns through participation in many opportunities, including:

- Projects. Projects help members gain new knowledge and skills. They take responsibility for their decisions. Some project work continues at home. This gives members a chance to develop stronger relationships with parents/guardians/siblings. (Parents: be supportive and help guide your 4-H'er; don't try to do their work for them).
- Presentations. Through oral presentations, members show and tell others how to do something they have learned. Members gain confidence in their public speaking skills. This is one of the first steps in developing personal leadership skills.



- Record Keeping. The ability to keep accurate records is an important life skill. Through entries made in their UC 4-H record books, members learn good record keeping skills. These records help members learn from their UC 4-H experiences and develop business skills. In order to successfully complete a UC 4-H project, members are required to keep records of their project work.
- Recreation. Members learn to enjoy life, balance work with leisure time, and develop social skills through their interactions with others. Recreation also provides opportunities to teach leadership skills.
- County (and other) Contests. Through their participation in contests, members learn cooperative and competitive skills. Awards may be provided in recognition of their efforts.
- Exhibits. Members may choose to exhibit their project results at the county fair or some other setting. Exhibiting UC 4-H projects allows the public to learn what 4-H'ers are doing. It helps members learn how they can improve their work and gives them a sense of pride and accomplishment.





ANNOUNCEMENTS & EVENT INFORMATION

CLUB NEWS

Hayfork Timberjacks

Community Leader: Kathy Johnson

The Timberjacks made and delivered Christmas “Trees” for the Helena Fire Victims.

Hayfork Valley

Community Leader: Jennifer Schrock

Southern Trinity

Community Leader: Ronie Millsap

Southern Trinity hosting Favorite Foods Day

Trinity Alps

Community Leader: Shannon Taylor

Trinity Lake

Community Leader: Veronica Stewart

Trinity River (Burnt Ranch)

Community leader: Sarah Jorgensen

Trinity River is Hosting Quiz Bowl



DON'T FORGET TO COMPLETE FUNDRAISER FORMS

Fundraiser Forms must be completed and turned in at the UCCE Office for approval at least 2 weeks prior to your event to ensure we are following state policy and are able to receive approval from our County Director. Please be sure all sections are completed properly, and all signatures are obtained. The fundraiser approval forms are available at: http://cetrinity.ucanr.edu/4-H_Program/4-H_Forms/.



COUNTY/SECTIONAL

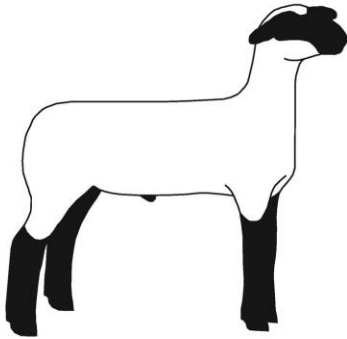
Changes to the County Office

Chanda Johnson is the new office manager and administrative clerk in the Weaverville office (Young Family Ranch). Her office hours are 9:00-5:00 on Thursdays. Chanda is a 4-H alumni and raised sheep as a member. She is also a UC Master Gardener and the garden coordinator for the children's Garden project.

Nate Caeton is the new 4-H Advisor for Shasta, Trinity, & Tehama Counties.

Trinity County Fair – August 7–11, 2019

The 2019 Livestock Market Agreement will be available on our county website soon. The form must be carefully read and signed by the youth member, parent and market animal project leader. It must be received no later than May 3, 2019 if the member plans to sell an animal at the 2019 Trinity County Fair as a 4-H member. **Please don't be late!**



As of January 1, 2019, all junior livestock (large and small) exhibitors are required to participate in the Youth for the Quality Care of Animals (YQCA) program. This can be completed online and will cover food safety, animal well-being, and life skills. www.yqca.org

The fair office will not accept fair entries without a certification of completion.

Changes are being made to the 2019 Exhibitor's Premium Handbook regarding market lamb tail docking.



STATE/NATIONAL

CALIFORNIA 4-H EQUINE FIELD DAY

Saturday, Feb 2, 2019 9:00 AM – 3:30 PM Diamond Bar Ranch - Ceres, CA

Who should attend? 4-H Horse Leaders, Volunteers, Members, Parents and all Horse Enthusiasts.
Educational Sessions taught by great clinicians!

You do not have to own a horse to attend.

This educational event is a fundraiser for the Statewide 4-H Equine Programs.
For event information, please visit the 4-H Field Day website

CALIFORNIA 4-H EQUINE EDUCATION CONTEST DAY

Saturday, April 27, 2019 8:00 AM – 8:00 PM Fresno Ag Pavilion - Fresno, CA

New for 2019!! The State 4-H Education Contests for Horse Judging, Hippology and Public speaking will be held on April 27th, 2019 at the Fresno Ag Pavilion from 8am-8pm.

2019 CALIFORNIA STATE 4-H HORSE CLASSIC AND HORSE BOWL CONTEST

June 27 – June 30, 2019 Brookside Equestrian Park Elk Grove, CA

The California 4-H Horse Classic offers 4-H members the chance to showcase the culmination of their efforts put forth in their equine projects throughout the year. At the State Championship Horse Show, 4 -H riders have this opportunity to compete at a level beyond local, county or regional events. Participants must pre-qualify at qualifying 4-H horse shows.

Tentative Schedule June 27th: Horse Bowl Contest June 28th: English Flat and Jumping June 29th: Western Flat, Trail and Ranch Horse June 30th: Mini Horse and Gymkhana.

New to 2019 New this year is that Mini Horse classes will need to qualify. Ranch Horse division classes to include, ranch horse trail, ranch riding pattern, modified reining, western riding and ranch horse trail. Will have high point and reserve high point as well.





SAVE THE DATE!! THE 2019 CALIFORNIA STATE 4-H FIELD DAY

Saturday, June 1, 2019 at UC Davis.

This is largest and most comprehensive educational event for 4-H youth members (age 9-19) and 4-H volunteer educators, California State 4-H Field Day has more than 1,500 participants annually.

Since 2002, 4-H'ers from throughout the state have come together to connect and compete in this statewide event, held annually on the campus of the University of California, Davis.

The goal of the event is to provide a culminating experience for 4-H members in their year-long 4-H education in public speaking, textiles, plant sciences, photography, interview skills, and entomology. Please stay tuned for more information!



STATE FASHION REVUE 2019 SERVICE PROJECTS

The State Fashion Revue service projects for 2019 are braided Pet Toys for shelter animals and Fidget Mats for Alzheimer's patients. The SFR website contains instructions for the no-sew Pet Toys and for the Fidget Mats that do require sewing.

NEW RESOURCES FOR FIDGET MATS

The basic mat is made by attaching the components to a single piece of fabric. Check out the link on the website that has ideas for setting up a work day for the Fidget Mats. Suggestions for separate squares to sew together for a whole mat are now featured. These individual squares lend themselves to work stations for a group to complete. Try it out and see what you can create to help Alzheimer's patients soothe themselves and exercise their hand muscles. Contact Mary Engebret at maryengebret@comcast.net with questions.





Trinity County 4-H Favorite Foods Day 2019

“AMERICAN COOKING”

Saturday January 26, 2019

Sign-in: 9:00am|Start time: 9:30am

Trinity County Fairgrounds Dining Hall, Hayfork

Hosted by Southern Trinity 4-H



All 4-H members are invited to Favorite Foods Day 2019. This annual event gives members a chance to prepare, show, be judged on, and share their favorite food with friends and family. Participating members are asked to enter their favorite HEALTHY food. You are also invited to bring a creative centerpiece to be judged and enter the cover contest for the recipe booklet. (See full details in the next few pages).

Entries Due: Wednesday January 16, 2019

All entries must be received no later than the due date. This includes Favorite Food entries, Recipe, and Book Cover Art submissions. Entries can be mailed to or dropped off at: the 4-H Office in Hayfork or the Young Family Ranch in Weaverville.

This year also includes an Adult Dessert COOK-OFF!

TIPS FOR SUCCESS

Be dressed neatly in clean clothing and be properly groomed. A 4-H uniform is optional and is not required. If you do wear the 4-H uniform, please wear the entire uniform including 4-H hat, and scarf or tie just as you would at any other showmanship event. White pants are the appropriate color for this event if you are wearing your 4-H uniform.

Participants should be prepared to introduce themselves and their entry, properly serve the judges, and answer a question or two about their prepared food and explain why your recipe is healthy.





FAVORITE FOODS DAY ENTRY FORM 2019

Entries Due Wednesday, January 16, 2019

Late entries will not be accepted!

NAME: _____

CLUB: _____

AGE: _____ GRADE: _____

NAME OF FAVORITE FOOD _____

WHAT IS HEALTHY ABOUT YOUR RECIPE?

Don't forget to include your recipe and your book cover submission.



4-H QUIZ BOWL

Entries due January 25, 2018

2019 Quiz Bowl

Saturday, February 9, 2019

Trinity Center IOOF Hall

Sign-in: 9:30 | Start Time: 10:00

Club Chili Cook-off / Potluck Lunch – Bring a dish to share



Individual Quiz Bowl:

Members will compete individually in various hands-on challenges, identification quizzes, and other tests of knowledge in the following project areas: Garden, Sewing, STEM, and Outdoor Adventure.

Team Quiz Bowl:

All members 9 years of age and older, may participate in the team competition. Members will be randomly divided into teams and will participate in a “Jeopardy-style” game of knowledge featuring Livestock and 4-H trivia.

Best 4-H Chili Cook-off:

Clubs are encouraged to participate in the Chili Cook-off. Bring a crockpot of your club’s favorite chili for a chance to win fame, glory, and an awesome trophy.

Awards:

Primary members will receive participation ribbons and prizes. All other age divisions will be awarded 1st – 3rd place ribbons and prizes.

Study Guides are available from your community club leader or online.



For more information contact: Veronica Stewart/Trinity Lake 4-H
266-3370 or vstewart@tcoek12.org

2019 Quiz Bowl Entry Form – due: January 25, 2019

Send to: Trinity County 4-H Office, P.O. Box 1468, Weaverville, CA 96093

NAME: _____ AGE: _____ CLUB: _____



TRINITY COUNTY PRESENTATION DAY ENTRY FORM



*Willow Creek Bible Church Saturday, March 9, 2019

Arrive & Sign-in at 9:30 AM

Entries Due Friday, February 23, 2019

Late entries will not be accepted!

*location is subject to change.

Send to: Trinity County 4-H Office, P.O. Box 1468, Weaverville, CA 96093 Use a separate form for each presentation given

INDIVIDUAL _____ TEAM _____ (please check one)

NAME(S): _____ AGE ____ GRADE ____ CLUB _____

_____ AGE ____ GRADE ____ CLUB _____

_____ AGE ____ GRADE ____ CLUB _____

TITLE OF PRESENTATION: _____ Is a live animal a part of your presentation? YES ___ NO ___ Will your presentation need to take place out of doors? YES ___ NO ___

CATEGORY OF PRESENTATION: (Please check one)

Demonstration ___ Illustrated Talk ___ Science or Engineering Presentation ___ Educational Display Talk ___ Informative Prepared Speech ___ Persuasive Prepared Speech ___ Interpretive Reading ___ Share the 4-H Fun Skits ___ Cultural Arts ___

Impromptu Speech ___*

*Intermediate and Senior Members only. Must be on one of the current year's impromptu topics. List available at <http://4h.ucanr.edu/files/226275.pdf>.

AGE DIVISION: (Please check one. If a team demonstration, please check the division of the oldest member.)

___ PRIMARY (Ages 5 to 8) ___ JUNIOR (Ages 9 to 10)



____ INTERMEDIATE (Ages 11 to 13) ____ SENIOR (Ages 14 to 19)

Does the presenter wish the judges to be aware of a disability? YES ___NO ___

Please comment, if you answered yes:

AWARDS: Danish system of judging is used with gold and silver medals and ribbons awarded to members aged 9 and above. Primary participants will not be ranked but will receive participation ribbons. Members 9 years and older who receive a gold medal will be eligible to compete at the Sectional Level.

SPECIAL EQUIPMENT: 4-H members are responsible for arranging any special equipment or facilities they may need for their Presentations. This includes a TV and VCR for videos, slide projector and screen for slide presentations, tri-folding standup display for the Tabletop Displays, etc. Any special considerations for “Share the Fun” must be arranged by the 4-H members, including sound systems, pianos, tumbling mats, etc.

TIME LIMITS: A demonstration can range in length from 3 minutes for an individual primary presentation to 15 minutes for a senior individual or team presentation. The complexity of the topic, and the age of participants should dictate the appropriate length. Team members should divide work and speaking parts. An uneven distribution of work or speaking parts will impact the scoring of the “Presentation” skill.

4-H Presentation Manual - <http://www.ca4h.org/files/2193.pdf>





THE 4-H PLEDGE

I pledge my...

HEAD to clearer thinking,

HEART to greater loyalty,

HANDS to larger service,

HEALTH to better living,

for my club,

my community,

my country,

and my world.



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Check out our website for more updates and resources:
<http://cetrinity.ucanr.edu>

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